



## Lourdes L Sunderland

August 1, 1940 - March 4, 2026

Lourdes L. Sunderland, a devoted mother and beloved member of her community, passed away peacefully on March 4, 2026, at the age of 85. Born on August 1, 1940, in San Juan, Puerto Rico, Lourdes moved to New York City as a child before her family made a new home in Miami, Florida. It was in Miami where she met her husband to be, George Clifton Sunderland, Jr., through a mutual friend. Together, they built a life filled with love and laughter, raising their three children: Michelle Vega, Michael Sunderland, and the late George C. Sunderland III.

As a woman of deep faith and prayer, Lourdes found strength in her beliefs and became an active member of the Lighthouse Church of God. Her unwavering devotion to her family was the cornerstone of her life; they were truly her universe. Lourdes was widowed at the young age of 44, yet she continued to pour her heart and soul into her children and grandchildren, nurturing them with compassion and love.

Known for her joyful spirit, Lourdes had a fondness for sharing a virgin daiquiri and the laughter that came with family game nights. Her presence lit up every room, and her legacy of love and faith will resonate with all who were fortunate enough to know her.

Lourdes was preceded in death by her parents, Fernando and Enestina

Laborde and her son, George C. Sunderland III. She is survived by her children, Michelle Vega (Geraldo) of St. Augustine and Michael Sunderland (Melissa); her sisters, Betty, Gina, and Lucy; her brother, Oscar and her cherished grandchildren, Armando, Giovanni, Kristie, George, Danielle & TJ, and 9 great grandchildren who will carry her spirit in their hearts.

A celebration of Lourdes' life will be held at 11 am on Saturday, March 7, 2026 at Lighthouse Church of God with Bishop Lavoy Newton officiating. In this time of remembrance, let us come together to reflect on Lourdes' vibrant life, her unwavering love for her family, and the faith that guided her every step.

St. Johns Family Funeral Home is in charge of arrangements.