



Helen B. Frey

August 14, 1936 - April 25, 2025

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Helen B. Frey, 88, of St. Augustine, Florida, and formerly of Greencastle, Pennsylvania, passed away peacefully on Friday, April 25, 2025, in St. Augustine, with her son and daughter by her side. She had been in declining health for several years.

Born and raised in Waterfall, PA, Helen was the daughter of the late Theron and Silvia Mills. She graduated from Houstontown High School and Chambersburg Business School. Early in her career, she worked for the Department of Revenue in Harrisburg, followed by 18 years at Grove Manufacturing and 23 years at Easter Seals of Central Pennsylvania, Waynesboro, PA. She was a long time member of Grace United Church of Christ, Greencastle, PA.

Helen retired in 2010 following the passing of her husband of 52 years, David H. Frey. In 2012, she moved to Florida to be closer to her daughter and to enjoy the warm weather and sunshine. She found great joy in gardening and took pride in tending to her home.

She is survived by her son, Brent Frey of Lancaster, PA; her daughter, Renee

Shuey of Jacksonville, FL; and her granddaughter, Chelsey Albert and husband Ed Albert of Etters, PA.

Arrangements in St. Augustine are entrusted to St. John's Family Funeral Home. A memorial service will be held in Pennsylvania at a future date at the convenience of the family.

In remembrance of Helen's love for flowers and gardening, please consider planting your favorite flowers this spring and nurturing it in the sunshine she loved so dearly. Memorial contributions in Helen's name can be made to your local hospice agency. Special thanks to Haven Hospice of Northern Florida.

Tribute Wall



“ Thank you Brent for your phone call of Helen`s passing. There are so many memories of our being neighbors for twenty six years. I saw you and Renee grow up. Some comfort for you and Renee to know she is with your dad.

Esther Walck - April 29, 2025 at 10:56 AM