



Elizabeth Ann "Lizzy" Loosen

July 15, 1976 - December 22, 2025

Elizabeth Ann "Lizzy" Loosen, 49, of Ponte Vedra Beach, Florida, and the Jersey Shore, passed away in the early morning hours on December 22, 2025, after an incredibly brave battle with ALS (Lou Gehrig's Disease). Born in New York City to John Loosen and Noreen O'Hara, Lizzy was the beloved daughter of two remarkably strong, generous, thoughtful, and resilient parents. These were qualities she embodied every day of her life.

A proud graduate of the College of Charleston, Liz devoted her professional life to supporting veterans, a calling that reflected her deep gratitude and desire to give back. Her commitment to service was only matched by her passion for life. Lizzy was a marathon and half-marathon runner (NYC, Philadelphia twice, and Jersey Shore twice), triathlete, Peloton enthusiast, beach lover, swimmer, interior design fan, and a lifelong devotee of music. She also loved the Minnesota Vikings (known lovingly as "Ms. Minnesota") and Old English Sheepdogs.

To know Lizzy was to know joy. She was fun, friendly, humorous, kind, and deeply caring. Her thoughtfulness was constant, especially in the way she remembered details and celebrated others. Liz was known for her uncanny memory, which made her the person her family and friends always turned to when they needed every detail of a past moment: birthdays, favorite songs, or the tiniest things you once shared, remembered by her perfectly. Lizzy was also known as the family's gift-giver. She always knew exactly what would make someone feel special, and her presents were more than gifts; they were

reminders that you were loved. Family meant everything to her, and she cherished time spent with her loved ones. Whether she was cooking a favorite meal, planning a celebration, or adding her own special touch to a family event (karaoke, piñatas, special cocktails, funny t-shirts, ugly Christmas sweaters, and special homemade ice cream cakes), she brought joy and fun wherever she was.

After her ALS diagnosis, Liz faced the unimaginable with remarkable strength. She met each day with courage, resilience, and grace, refusing to let a cruel diagnosis define her. Liz's example will continue to light the way for all who loved her and will remain an inspiration to us all.

Lizzy is survived by her devoted mother, Noreen; her loving siblings, Sean and Katharine "Pearl"; and her sister-in-law, Lindsey. She also leaves behind her four beautiful nieces: Madison, Mikayla (her goddaughter), Maren, and Morgan. Lizzy deeply loved her nieces and was an incredible aunt, and they will forever carry her fun-loving spirit in their hearts. She is also survived by her extended loving family and countless dear friends. Lizzy now joins her father in Heaven, reunited, leaving behind a legacy of strength, laughter, and love that will never be forgotten. Although the Loosen family's hearts are forever changed by this loss and she will be eternally missed, they remain profoundly grateful for the blessing and honor of having had her in their lives. "ALS is not an incurable disease. It is an underfunded one."

In lieu of flowers, please consider donating in Liz's honor to ALS Therapy Development Institute (ALS TDI) or Project ALS.

The family would like to thank everyone who visited, sent gifts, and helped in any way. Your kindness and love meant the world to Lizzy and to our family. A celebration of Lizzy's life may be planned around her 50th birthday in July 2026.

Tribute Wall

HS

“ Liz was a beautiful soul. I had the pleasure of doing her hair and I can say that in the 20 years I’ve been doing hair. I’ve only met a few people that have touched my heart and she was one of them.

The world would be a much better place if it were filled with people like Liz. I will truly miss her smile in her positive energy. She was truly an angel on earth and now she is with the angels in heaven.



Heather Smith - January 01 at 05:36 PM

JL

“ Elizabeth was a Raven Haired Dimpled Beauty whose strength is to be admired thru her battle with ALS! She expressed her wishes for after her passing and said she was ready to be with her Dad in Heaven, Oh My, what character. Katherine's obituary captured her sister so beautifully. My admiration to Noreen and Katherine for the loving care they gave Liz thru her courageous battle! God Bless.

Jeanne Legacki - December 31, 2025 at 11:01 PM

JL

“ My Love and Condolences to the Loosen Family! God Bless,
Jeanne Legacki

Jeanne Legacki - December 31, 2025 at 10:49 PM

VB

“ The obituary written for Liz is such a beautiful tribute to a young woman whose sweet nature so positively touched and enriched the lives of so many.

Vince Bruno - December 30, 2025 at 04:43 PM

KM

“ I met Elizabeth many years ago and was stunned by her incredible unmatched, sublime beauty, poise, in a general sense of peace that radiated from her. Knowing her for many years since I saw a funny, thoughtful, kind, strong and brave young woman. She loved her dogs. She loved people and she lived for her family and friends very devoted to her dear father John, whom she was very much like her precious mother, Noreen a registered nurse and her adorable sister Katherine also registered nurse.

She is in her father's arms again and I know they are truly both in their glory now. Liz was thoughtful, compassionate, empathetic and matchless in her courage and her poise. We will never see the likes of her again. May she rest in power as her father does for they both changed the lives of those who were lucky enough to have known them. All my love and respect, "Spunky."

Kathleen Elizabeth McLaughlin - December 30, 2025 at 01:25 PM

CB

“ My husband Michael died from ALS seventeen years ago. It is a cruel disease and, ironically, his neurologist said it happens to the nicest people.



I have witnessed the courage, resilience. and love that Noreen and her daughters shared throughout this journey. They are remarkable people.

My heart breaks for you....I'm sending you love and comfortplease know that you are not alone in your grief. May our loved ones rest in peace. We carry them in our hearts. Never to be forgotten.

Cheryl Bartholomew - December 30, 2025 at 12:22 PM

KM

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Kathleen Elizabeth McLaughlin - December 30, 2025 at 01:05 PM

KM

*A Nurse's Good Character:
Patience, optimism, caring, trustworthiness, patience, selflessness, respectfulness and confidence...*

God bless Noreen and Katherine, who were mother, sister and "nurse" to Liz and possessed all of the above qualities in addition to two unmentioned: love and extraordinary strength. Spunky

Kathleen Elizabeth McLaughlin - December 30, 2025 at 01:30 PM

EM

Liz was a truly wonderful person and a dear friend. Sharing a birthday made our bond even more special, and the memories of our adventures, her generosity, and her strength will always be with me. It's a beautiful tribute to a life well-lived and the lasting impact she had on me and everyone around her. Liz was blessed with a beautiful mother and sister that were also her best friends. Cheers to my birthday sister in heaven. 🙏

Epie Mojica - December 31, 2025 at 11:09 AM

SR

*My love and heartfelt condolences to the Loosen family.
Noreen I met Liz at the Brick Veterans Clinic in NJ.
For the short time I have known her she left a big impression.
She was a beautiful young lady with a very pleasant smile. Curious to
learn about our culture ,food and dresses. Enjoyed our conversations
and discussions about different cultures.
May her Soul rest in peace.
Please find some comfort and solace that she is no longer suffering
and is in heaven with John.*

Sadhana Reddy - January 01 at 09:02 AM