



## Damion Da'von Bridges Sr

November 7, 1980 - September 24, 2024

Damion Da'von Bridges, Sr., 43, of Saint Johns, Florida, passed away on Tuesday, September 24, 2024, at Memorial Hospital in Jacksonville, FL. Born in Pontiac, MI, Damion grew up in Lansing, MI, where he graduated from Eastern High School. From a young age, he exhibited a passion for sports, beginning his football journey at just 7 years old with Pop Warner.

Damion's dedication to the game led to a remarkable football career, earning him a full scholarship to Saginaw Valley State University. Over five years, he excelled on the field while earning a bachelor's degree in criminology, with a minor in communication.

In 2003, Damion married his life partner, Cheri. Together, they nurtured and raised 3 wonderful children who were the center of his world. Damion's love for sports extended beyond his own career as he founded "Krunchttime," a successful personal/athletic training business. He dedicated countless hours to coaching youth football and track while sharing his knowledge and passion with the next generation.

As an athletic trainer, Damion not only introduced his own children to the joys and discipline of physical fitness, he also served as a role model for many. His family was his pride and joy. His love for them was evident in everything he did.

Damion is survived by his life partner, Cheri Bridges; their 3 children, Pierce Bridges, Lucy-Ann Bridges and Damion Bridges, Jr.; mother, Lavinia Tarpley; siblings, Gary Dion Corr, Jr., Darrell Owens, Jr., Davinia Bridges, Robert

Tarpley II, Garfield Bridges, Jr., and Devon Samples; cousins, Sharon Jackson and Alfrieda Buttler; and a host of family and friends. He is preceded in death by his grandmother, Lucy Whilters; father, Garfield Bridges, Sr.; and aunt, Otha Bridges- Paul.

Damion will be immensely missed in this physical world but his family and friends understand that his spirit is blessed and his memory will always reside in our hearts. For whether we live, we live unto the Lord; and whether we die, we die unto the Lord: whether we live therefore, or die, we are the Lord's.

~Romans 14:8

Damion's Celebration of Life service will be held on Sunday, October 6, 2024 at St Johns Forest Community Clubhouse (100 Saint Johns Forest Blvd, Saint Johns, FL 32259) commencing at 11am.

# Previous Events

## **A Celebration of Life**

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OCT **6**. 11:00 AM (ET)

St Johns Forest Community Clubhouse  
100 Saint Johns Forest Blvd  
Saint Johns, FL 32259

# Tribute Wall

JL

“ Happy Birthday to you my guy!! Damion would always challenge me to keep pushing and seek to dominate in football and life. He is truly missed and loved my fellow Scorpio brother. Jimmy Landrom

Jimmy Landrom - November 07, 2024 at 07:08 AM

JS

“ More than fond memories of this remarkable young man sharing the football field and dinner table in our home for team dinners throughout his SVSU career with my son, Keath Bartynski, and all the GREAT fellow players !!! May God shine His light and comfort to all of you and may you be blessed with hearts full of loving memories of Damion - I know ours will be .....  
Jeannette Suchy

Jeannette Suchy - October 06, 2024 at 11:05 AM

KC

“ Kory Clarke purchased the Blue Caribbean Bouquet for the family of Damion Da'von Bridges Sr.



Kory Clarke - October 02, 2024 at 10:39 PM



“ Sentiments of Serenity Spray was purchased for the family of Damion Da'von Bridges Sr.



October 02, 2024 at 06:21 PM

RT

“ *Ranik Thomas lit a candle in memory of Damion Da'von Bridges Sr*



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**Ranik Thomas** - October 02, 2024 at 08:31 AM



“ *Pretty Please was purchased for the family of Damion Da'von Bridges Sr.*



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September 30, 2024 at 01:46 PM

KM

“ *Kevin Moore planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Damion Da'von Bridges Sr.*

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**Kevin Moore** - September 30, 2024 at 01:46 PM



“ *Beautiful Dreams was purchased for the family of Damion Da'von Bridges Sr.*



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September 30, 2024 at 04:26 AM

EB

“ *ELFRETTA BASS lit a candle in memory of Damion Da'von Bridges Sr*



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**ELFRETTA BASS** - September 29, 2024 at 06:45 PM

JY

“ *Johnny Young sent a virtual gift in memory of Damion Da'von Bridges Sr*



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**Johnny Young** - September 29, 2024 at 11:51 AM

DI

“ *Dion lit a candle in memory of Damion Da'von Bridges Sr*



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**Dion** - September 29, 2024 at 08:13 AM

DI



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**Dion** - September 29, 2024 at 08:36 AM

SF

LOVE 🕯️🕯️🕯️

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**Shelyn French** - September 29, 2024 at 09:19 AM

JY

*Praying Reynolds Tarpley Family*

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**Johnny Young** - September 29, 2024 at 11:03 AM

JY

*Praying Bridges Family* 🙏 🙏

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**Johnny Young** - September 29, 2024 at 11:08 AM

DI



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**Dion** - October 01, 2024 at 07:51 PM

DI

*Life is very real it's so unreal, we're all on the clock! Don't think, don't blink because you just might miss it! Cherish the day, cherish the moment, cherish the memories! I will always remember you my brother!!!* 🙏❤️💪🙏

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**Dion** - October 01, 2024 at 08:00 PM