



## Adam Jonas Lowry

July 16, 1960 - January 29, 2016

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Adam Jonas "AJ" Lowry, age 55, of St. Augustine, Florida passed away on January 29, 2016, at the Mayo Hospital in Jacksonville. He was born on July 16, 1960, in Norwalk, CT to Ted and Marianne Lowry. Adam is survived by his loving wife, Eva Marie Lowry of St. Augustine; son, Thomas Re (Nikki); daughters, Nicole Re (Bobby), Paula Nichole Lowry; parents, Ted and Marianne Lowry of St. Michaels, MD; brother, Stephenson Lowry; sisters, Tedde Lowry Best (Bill), Priscilla Lowry, Samantha Lowry Eckert (Kevin); niece Taylor Jonas Lowry Best; nephews, Blaze Best, Ethan and Jonas Anderson; and grandson, Hunter Louis Frongillo. Adam grew up in Westport, Connecticut; graduating from Staples High School with the class of 1979. Adam joined the United States Navy in 1979 and rose to Chief Bosun Mate Diver. In 1990 he was attached to the Navy Experimental Dive Unit (NEDU) as a First Class Diver. He was extremely proud to have served in the Navy and retired after 16 years. After his career in the Navy, he joined the Merchant Marines as an AB and advanced to Master Mariner sailing for many years as a Chief Mate and Captain. Adam's first love was the sea and for many years he enjoyed the competition of marathons and triathlons; playing golf whenever and wherever he could; sweating through bikram yoga classes with friends. He found beauty in cultivating an organic garden filled with vegetables, flowers and an occasional hops plant. He was a fierce defender and protector

of those he loved and never met a dog he didn't like. Most important, he was a loving son, brother, husband, father, uncle, grandfather, and trusted friend to many. Adam will be missed more than words could ever express. A gathering of family and friends will be held at 11:30 a.m. on Saturday, March 5, 2016, at St. Johns Family Funeral Home, 385 State Road 207, St. Augustine, FL. In lieu of flowers, donations may be made to the Melanoma Research Alliance Foundation via Adam Jonas Lowry Memorial CrowdRise page link. <https://www.crowdrise.com/adamjonaslowrymemorialformelanomaresearchalliance/fundraiser/adamjonaslowry> St. Johns Family Funeral Home is in charge of arrangements.

# Tribute Wall

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“ I am so saddened by learning of Adams passing. I knew met Adam in Alameda, CA where his ship was docked. We were 20 years old. We became great friends and I was saddened deeply when he was transferred. He was a Signal man in the Navy. We had spoken off and on for a couple of years after that. Today he crossed my mind. I had searched for him.on Facebook to say hello. I never found him . But, tonight I looked on Google and day this Obituary and I am so so sorry for all of your that loved him. He never left my mind..and finding out that he passed away has broken my heart. My name is Kelly Rice that is my married name. He knew me as Kelly Marmo. God bless you all. I am so sorry.

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**Kelly Rice** - August 26, 2024 at 04:15 AM